



June 26 2018

To: Hampshire County 4-H Members, Parents and Volunteer Leaders

From: Kelly C. Hicks 
WVU Extension Agent

Subj: 4-H Exhibit Details for the Hampshire County Fair

The Hampshire County Fair will be here before we know it. It is important to plan ahead and work on your 4-H projects and exhibits. This fair newsletter will help you as you prepare for this year's fair.

Let me remind you that a completed 4-H project has three parts:

1) **project book** (filled out and turned in by June 29th), 2) a **4-H activity record** (filled out and turned in by June 29th) and 3) the **exhibit** (submitted at the fair). A project is considered incomplete if any of the three sections are missing. All parts of the project must be turned in by the appropriate deadlines.

Incomplete projects receive a green participation ribbon.

It is very important to label your exhibit correctly. Label all exhibits with your name, 4-H club and project. **Take your exhibits to the 4-H Exhibit Building on Sunday, July 22nd, from 2:00 p.m. until 4:00 p.m.** If you cannot take your exhibits on Sunday, call your 4-H leader or a fellow club member. Arrangements can most likely be made to get your exhibits to the fair. It is very important that exhibits are turned in during this time frame. Exhibits can be turned in after 4:00 P.M., but will miss the scheduled judging. Exhibits turned in after 4:00 will receive a green participation ribbon. 4-H'ers can also earn an additional 5 points on their overall project score by submitting a picture of themselves with their animal that is in the barn; this picture will be displayed in the 4-H exhibit building during the fair and will be collected from 2:00-4:00 P.M. on July 22nd.

Exhibits will remain in the building until 8:00 p.m. on Saturday, July 28th. 4-H members can pick up their projects on Saturday night from 8:00 – 9:00 P.M. or they can elect to pick them up on Sunday morning from 8:00-10:00 A.M. during the morning clean-up. 4-H members will receive a gold, blue, red, white, or green ribbon for their projects. (Note: Any project taken out earlier than 8:00 P.M. on Saturday, will forfeit their premium money.) Premium money will be awarded in the following manner: gold ribbon - \$4.00, blue ribbon - \$3.50, red ribbon - \$3.00, and white ribbon - \$2.50. Green ribbons do not receive premium money. The project score is determined by adding the project, activity record and exhibit scores together.

Please feel free to contact the Extension Office or your volunteer project resource leader if you have questions about project completion. We are all here to help. The fair is a fun time for everyone! Invite your friends and family to visit the 4-H Building to see all of the exhibits. You may see a project that you'd like to take next year!



ENTERING YOUR 4-H PROJECT IN THE HAMPSHIRE COUNTY FAIR

- STEP 1:** Complete your 4-H project book.
- STEP 2:** Fill out your activity record (Should be completed by the 4-H member). Parents may assist with the process.
- STEP 3:** Have your 4-H leader sign your activity record. (Livestock exhibitors must also turn in their activity records by June 29, 2018).
- STEP 4:** All project books and activity records are due to the Extension Office by 4:00 P.M. by June 29, 2018.
- STEP 5:** Prepare your exhibit. Label your exhibit correctly.
- STEP 6:** Bring your exhibit and pre-registration form to the Augusta Fairgrounds on Sunday, July 22, 2018, between 2-4 P.M.
- STEP 7:** Pick up your exhibit from the Exhibit Building on Saturday, July 28th between 8:00 -9:00 P.M. or pick-up on Sunday from 8-10 A.M.
- STEP 8:** Turn in your Animal Record Guide and a copy of your handwritten thank you note to your buyer to the Extension Office by August 10th if you are completing a livestock project (beef, swine, sheep, goat, horse, rabbit). Do not wait until the last minute to complete your book and record guide. Plan ahead and manage your time wisely.



GUIDELINES FOR HELPING YOU PREPARE YOUR EXHIBITS

1. Properly labeled means according to project book specifications.
2. All exhibits must be exhibitor's own work and of the current 4-H year.
3. Food exhibits should be entered on one plate (paper is fine) covered with plastic wrap.
4. Garden exhibits should be displayed in an appropriate box or basket



CLUB COMPLETION

In determining club completion awards for the October awards program, a completed project includes: a completed project book, completed activity record, and correct exhibit turned in by the deadlines listed in this letter.



CLUB EXHIBIT

Plan your club exhibit at the fair. This can be on any theme you choose (ex. health, conservation, 4-H publicity etc.) Clubs will need to provide their own table. Teen leaders may want to coordinate this display as part of their teen leader plan. All club exhibits need to be set up by 4:00 P.M. on Sunday, July 22nd for judging.

CLUB SCRAPBOOK

Plan to display your 4-H club's scrapbook at the fair. The scrapbook allows clubs and community members to see the good work that you are doing in the community. Scrapbooks will be judged and displayed in the exhibit building. Teen leaders may want to coordinate this project as part of their teen leader plan, or your club's 4-H scrapbook committee will work on this project. All club scrapbooks must be set up by 4:00 P.M. on Sunday, July 22nd for judging. Digital scrapbooks will also be accepted; clubs must provide their own computer.

4-H LIVESTOCK POLOS

If you would like to order a white 4-H livestock polo for events in the barn, please contact Personalized Impressions directly. Their number is 822-3136. This store has permission to use the 4-H clover. The shirts are optional. As always, we will provide 4-H stickers for exhibitors to place on their white shirts.

4-H TEEN LEADERS

If you are a 4-H teen leader and would like to assist with the check-in process on July 22nd; please plan to arrive at 2:00 P.M. Lots of help is needed to make this process work, and your help is appreciated! If you would like to join the team on Sunday, please contact me by phone or email and let me know.

4-H PROMOTION IN PARADE

4-H will plan to participate in the fair parade. Decorating and meeting information will be announced closer to fair time.

TAKE DOWN OF PROJECTS

Exhibits will remain in the building until 8:00 P.M. on Saturday, July 28th or on Sunday morning from 8:00 – 10:00A.M. (Note: Any projects taken out earlier than 8:00 P.M. on Saturday, will forfeit their premium money.) Please designate one person for your club pick up leftover projects on Saturday night from 8:00-9:00 P.M. or on Sunday morning from 8:00-10:00 A.M. If one person will be picking up all the exhibits from one club, be sure that all club members know so that an extra trip to the fair is not planned on Sunday morning.



CLUB EXHIBIT BUILDING SCHEDULE

The following 4-H Clubs are scheduled to watch the 4-H exhibits. **THANK YOU!**

HAMPSHIRE COUNTY 4-H FAIR EXHIBIT BUILDING SCHEDULE		
4-H CLUB	5:00 - 7:00 P.M.	7:00 - 9:00 P.M.
Monday, 7/23	Herders & Homemakers	Denver Skyrockets
Tuesday, 7/24	Springfield Mountaineers	Augusta Rio Rangers
Wednesday, 7/25	Capon Bridge Fort Edwards	Trailblazers
Thursday, 7/26	Opens after parade	Augusta Wide Awake
Friday, 7/27	Romney Can't Be Beat	Slanesville Rise and Shine

SATURDAY, 7/28
4:30 – 9:00 P.M.
River Road Sodbusters



2018 4-H PROJECT EXHIBIT PRE-REGISTRATION FORM
PLEASE FILL OUT AND TAKE WITH YOU TO THE FAIRGROUNDS ON JULY 22nd.

NAME: _____

CLUB: _____

Directions: Describe each item exhibited. Turn in this completed sheet at the registration table at the fairgrounds on Sunday, July 22, 2018. Please turn in exhibits between 2:00-4:00 P.M. in the 4-H Exhibit Building. Exhibits turned in after this time will be displayed, but cannot be judged.

Name of 4-H Project:

Name of 4-H Project:

Name of 4-H Project:

Name of 4-H Project:

Checked in by: _____

Time checked in: _____



4-H Project Exhibit Requirements

Note: If you find a discrepancy between your book's project exhibit requirements and what is noted in this yearbook, please contact the Extension Office for clarification.

► **A Complete 4-H Project Consists of:**

Completed Project Book (turned into the E.O. in June)
Completed Activity Record (turned into the E.O. in June)
Completed Exhibit (turned in at the fairgrounds)

► **Start project books early!** Do not wait until the last minute to complete books, especially animal books. Try completing one activity a month to avoid last minute project stress. Remember to contact volunteer project resource leaders if you need assistance.

-If completing "Above and Beyond" activities in the book, they must be documented to receive credit; documentation can include one or two sentences about what was learned from participation.



Animal Science

Veterinary Science I - The Normal Animal:

Exhibit: One of the following:

1. Photographic exhibit of normal and abnormal characteristics of animals
2. Samples of leather or fur damaged by unhealthy or parasitized skin
3. Charts showing temperature, respiration, and heart rate changes under varying conditions
4. Display showing disease-preventive health procedures through the use of proper housing, nutrition and other management decisions
5. Display on the proper method of cleaning and disinfection, including safety precautions

Veterinary Science II - The Animal Disease:

Exhibit: Exhibit one of the following:

1. Poster display of a disease you investigated describing its causes, symptoms, effects, treatments, and any possible preventive measures
2. Display on a viral disease listing its method of transmission, symptoms, treatments, prevention, and effects it may have on an animal
3. Display giving strategic advantages and disadvantages on how to treat an external parasite infestation or prevent its occurrence
4. Display explaining a typical internal parasite prevention program
5. Display on a chemical, plant, or insecticide poison and its effects on an animal including preventive measures to be taken

Veterinary Science III - Animal Health and its Relationship to Our World

Exhibit: A display on your self-study activity. Consider the following, for example:

1. Create an exhibit about your project defining your goals, objectives, and results.
2. Create a Web site using your self-study findings.
3. Write a written report in the form of a news article, publication, or promotional flyer. Radio and television offer additional opportunities.

Beef, Swine, Rabbit, Goat and Sheep:

Start your animal projects early! Don't wait until the last minute to complete books.

Exhibit: Animal at the county fair, state fair or other state exhibition, or agent visit of exhibit if animal is deemed unsafe or ill and cannot be exhibited at the fair

Note: If participating in the county fair, all 4-H and FFA participants are required to take part in:

1. Animal taggings
2. Picture taking (dress appropriately and have your animal groomed).
3. Showing your animal for livestock judging
4. The showmanship contest
5. Showing your animal at the auction Saturday night.
6. 4-H'ers may get an extra 5 points on their overall project score by exhibiting a picture of the 4-H'er and animal in the 4-H Exhibit Building (to be turned in on Sunday from 2-4 before Fair).
7. Exhibitor attends one of the scheduled mandatory educational meetings
8. Exhibitor completes the mandatory Online Quality Assurance Training for the species being exhibited by the due dates

All Activity Records and completed 4-H project books must be turned into the Extension Office by June 29th. Record guides for beef, swine, goats, sheep, rabbits, and horses are due into the Extension Office by August 10, 2018. A copy of the **handwritten** thank you note sent to the buyer of your animal and banner and plaque sponsors must also be turned in with the record guide to receive money and to be eligible for county awards.

Again, if completing "Above and Beyond" activities in the book, they must be documented to receive credit; documentation must include what was learned from participation.

Project Resources:

- Group Activity Guides
- Project Helper's Guides
- Resource handbooks (can be borrowed from the E.O).
- Recommended websites:

Livestock breed information : (www.ansi.okstate.edu/breeds/)

General livestock information: (www.ca.uky.edu/Agripedia/)

National 4-H curriculum website with extended project learning activities:

(www.n4hccs.org)

WVU Extension Youth Agriculture Website:

(www.wvu.edu/~agexten/youth/index.htm)

Extension: (www.extension.org)

Horse:

Exhibit: Animal at the fair's horse show, scheduled visit from the WVUES faculty member, other scheduled state/regional horse shows -4-H'ers may get an extra 5 points on their overall project score by exhibiting a picture of the 4-H'er and animal in the 4-H Exhibit Building (to be turned in on Sunday from 2-4 before Fair) All Activity Records and project books must be turned in by June 29th. Horse record guides are due by August 10th. Horse project exhibitors are also required to complete the Online Quality Assurance Training.

Poultry:

Exhibit: Educational Exhibit or poster of 4-H'ers choice in Exhibit building. The poultry record guide is due with the project book (turned in by June 29th).

Dog:

Exhibit: Educational exhibit or poster displayed in Exhibit building.

Cat:

Exhibit: Educational exhibit or poster displayed in Exhibit building

Rabbit:

Exhibit: Animal at the fair

Pets:

Exhibit: Educational exhibit or poster displayed in Exhibit building.



Plant Science & Crops projects

Potatoes:

Exhibit: 14 of the best potatoes each year

Strawberry Planting:

Exhibit: Late August field score.

Strawberry Harvesting:

Exhibit: 4 quarts of berries

Flower Arranging:

Exhibit: Arrangement with explanation of occasion and design.

Level A Gardening: See Them Sprout:

Exhibit: A display that demonstrates your learning about gardening.

Let's Get Growing:

Exhibit: A display that demonstrates your learning about gardening.

Level C Gardening: Take Your Pick:

Exhibit: A display that demonstrates your learning about gardening.

Level D Gardening: Growing Profits

Exhibit: A display that demonstrates your learning about gardening.

Exhibit ideas for gardening projects:

- Documentation of activities...this may be a scrapbook, journal, photos, etc.
- Harvest samples...however, consider the shelf life of what you are submitting
- Garden records...What went into caring for your garden? How much did you harvest?
- Recipes...How did you utilize what you harvested?
- Bookkeeping records...What were your expenses and incomes? What crops were most profitable?
- Garden maps...How much of which crops did you plant? How did you arrange your space?
- Pest and disease samples...What types of threats did your plants face? How did you deal with them?
- Plant growth charts...How did you monitor and track your garden progress?



Mechanical Science

Starting Up, Tractor A:

(Should be at least 14 years old and have taken the Small Engine Series).

Exhibit: A display on an activity completed during your project.

Tractor Operations, Tractor B:

Exhibit: A display on an activity completed during your project.

Small Engine 1, 2, & 3:

Exhibit: Two small engine activities completed during the project

Bicycling For Fun, Bicycle 1:

Exhibit: Your bicycle *and* a poster or display with a story describing your favorite bicycle activity completed this year in Bicycling For Fun plus your "Pedaling Harder" activities notebook and project book.

Wheels in Motion, Bicycle 2:

Exhibit: Your bicycle *and* a poster or display with a story describing your favorite bicycle activity completed this year in Wheels In Motion plus your "Pedaling Harder" activities notebook and project book.

Electricity 1, 2, 3, & 4:

Exhibit: Two electric activities completed during the project

Rockets Away:

Exhibit: Model rocket constructed by member and record of launches.

WoodWorking 1, 2, 3, & 4:

Exhibit: 2 woodworking articles completed during the project



Natural Resources & Environment

Spring Wildflowers 1, 2, 3, Year:

Exhibit:

Year I: 15 wildflowers labeled, dried and pressed; a seed and or fruit collection of 5 wildflowers (Requirements 3 & 4 of book)

YearII: 15 new wildflowers, labeled, dried, and pressed; a seed and/or fruit collection of 10 new wildflowers (Requirements 3 & 4 of book)

YearIII: 20 new wildflowers, labeled, dried, and pressed and a seed and or fruit collection of 10 new wildflowers (Requirements 3 & 4 of book)

Summer & Fall Wild Flowers 1, 2, 3, Year:

Year I: 15 wildflowers labeled, dried and pressed; a seed and or fruit collection of 5 wildflowers (Requirements 3 & 4 of book)

YearII: 15 new wildflowers, labeled, dried, and pressed; a seed and/or fruit collection of 10 new wildflowers (Requirements 3 & 4 of book)

YearIII: 20 new wildflowers, labeled, dried, and pressed and a seed and or fruit collection of 10 new wildflowers (Requirements 3 & 4 of book)

Entomology:

Creepy Crawlies, Entomolgy I

Exhibit: Insect collection of a minimum of (25) specimens, adding 25 new specimens each year

What's Bugging You, Entomolgy II

Exhibit: Insect collection of a minimum of (25) specimens, adding 25 new specimens each year

Entomology III

Exhibit: Insect collection of a minimum of (25) specimens, adding 25 new specimens each year

Tree Identification:

Exhibit:

YearI: Collect, press, mount and label leaves from 20 trees according to circular

YearII or III: Collect, press, mount and label leaves from 20 different trees or collect, label and display 20 fruits/seeds according to circular

Forestry I-III:

Exhibit:

A poster or display on two forestry activities completed during the year plus your "Branching Out" activities notebook and project book.

Trapping:

Exhibit: notebook of information and plaster casts of three fur-bearers' tracks

Birds:

Exhibit: Photographs or drawings of the nests found or photos or samples of things made for elective activities. Example: birdhouses, birdbaths, feeding stations, etc.

Fishing for Adventure:

Exhibit: Two sportfishing activities completed during the project. Possible examples could include:

1. Poster showing parts of a fish
2. Poster showing at least 3 knots used in fishing
3. Exhibit of pop can reel and poster of casting record with pop can reel.
4. Display of at least 5 pieces of tackle (labeled).

Reduce, Reuse, Recycle:

Exhibit: A poster, display, or notebook showing what you have learned from this project. Note, Indicate which activities you completed in the book and include evidence of completion.

Eco-Wonders, Level I

Exhibit: One of the following:

1. Build an ecosystem and include information about the four elements necessary for life (page 11 of project book)
2. Display your weather log, including drawings or photos of the weather (page 21 of project book)
3. Make a display that shows and describes how you made your compost pile. Create a brochure that explains how others can compost (page 26)
4. Collect at least 3 different types of foods or clothing (fiber). Research their ingredients or raw materials. Describe some of their impacts on the environment (page 31)
5. Make a display of the camouflaged critters. Use pictures or photos. Describe how this camouflage is helpful. Make a picture with camouflaged animals hidden in it. Have people hunt for the hidden creatures. (page 42)
6. Design a game or quiz on birds' nests. Make flip-up panels or a rotating wheel with correct answers (page 53)

Eco-Adventures, Level II

Exhibit: One of the following:

1. Map you made of local watershed or make a model of your community's watershed. Make a key and identify features on your map. Explain what watersheds are and how they are impacted by people's actions. (page 11)
2. Display showing results of Acid Rain's Effects on Plants' experiment. Include photos and descriptions. (page 31)
3. Display that teaches people about galls. Include real examples of galls you discovered. (page 43)
4. Set up a testing station where people can explore seed dispersal. Make a fact sheet to give to people after they test various seeds. (page 47)
5. Start a collection of plaster of Paris molds of identified animal tracks. (page 53)
6. Make a wildlife habitat game. Design and build an interactive board game that helps teach people about the four habitat needs (page 56)

Eco-Actions, Level III

Exhibit: One of the following:

1. Display of the 3 cities you chose along with their 4 elements of life. (page 11)
2. Display your collage. Make a brochure to go along with the collage to better explain your thoughts and the meaning behind your collage selections. (page 21)
3. Make a poster about biotechnology. List its possibilities and concerns. Attach recent news articles and quotes (page 23)
4. Choose at least 3 products. Create a display that shows how pollution is or could have been prevented with these products. (page 27)
5. Make a brochure or fact sheet on urban sprawl. (page 33)
6. Make a game about insects. Have people match different parts together to create a real insect. Identify the different body parts and their uses. (page 46)



Teen Leadership

Exhibit: (Book turned into Extension Office June 29th) Poster: Teen Leadership Activity Spotlight - Create a 24"x14" poster highlighting ONE of your teen leadership activities.



Leisure & Cultural Education

Hiking Trails:

Exhibit: Reach the Peak notebook and exhibit ideas include poster or display on essentials for a hiking trip, camping trip diary, first aid kit, CPR/First Aid steps, foods list for a hiking trip, treasure hunt using a compass, weather safety program, how to purify water, or winter survival plan

Camping Adventures:

Exhibit: Reach the Peak notebook and poster or display on dutch oven cooking, types of knots, hiking trail clean-up, pitching a tent, campfire designs, lighting a safe fire, filtering water, micro-organisms in non-purified water, or protecting natural resources.

Backpacking Expeditions:

Exhibit: Reach the Peak notebook and poster or display on topographic maps, backpacking trip plan, hiking conditioning, camping adventures video, tent repair kit, purchasing a tent and supplies, backpacking food recipes, or camp layout.

Recreation 1:

Exhibit: Collection of at least 20 of your favorite games. This may be in a file box, notebook, three-ring binder, etc.

Exploring 4-H, Your Family, the World or the Arts:

Exhibit: Display of completed work, attractively labeled. (Follow exhibit requirements on page 2 of the project book.

Play the Role

Exhibit: One of the following:

1. A videotape of a pantomime or mime act
2. A three-page monologue based on a nursery rhyme character
3. A listing of poems and phrases helpful to actor's vocal warm-ups
4. A two-page open scene script with two possible interpretations - compare and contrast how a lead actor could portray a character differently through physical movements
5. A costume created for a character

Becoming a Puppeteer

Exhibit: One of the following:

1. A puppet (no kits) made in Become a Puppeteer
2. A collage of puppet types and history from around the world
3. A report on a puppeteer who has contributed greatly to the performing arts
4. A one-act written dialogue between two puppets
5. A videotape of your puppet show
6. A puppet created for a community service project, including the project description

Setting the Stage

Exhibit: One of the following:

1. A sound-effects box for a short play, including a copy of the play marked for sound and all props needed to make sound effects labeled to go with the play
2. A homemade color wheel and light rainbow
3. A display on make-up
4. A display on light and shadow
5. A costume for a character representing a specific culture
6. A set design, costume list and prop list for a selected play, including script



Health & Safety

First Aid in Action (Health I)

Exhibit: A poster or educational display on an activity completed during the current year or your first aid kit complete with cards plus your First Aid in Action "More Challenges" notebook and project book.

Staying Healthy (Health 2)

Exhibit: A poster or educational display on a Staying Healthy activity completed during the current year plus your Staying Healthy "More Challenges" notebook and project book.

Keeping Fit (Health 3)

Exhibit: A poster or educational display on a Keeping Fit activity completed during the current year plus your Keeping Fit "More Challenges" notebook and project book.

Keeping Fit (Health 3)

Exhibit: A poster or educational display on a Keeping Fit activity completed this year plus your "More Challenges" activities notebook and project book



Individual and Family Resources

Child Care

Growing on My Own, Child Development I:

Exhibit : Portfolio and two "things" completed in Growing on My Own activities each year. Exhibit ideas include poster or display on story masks, bloomin' bag, morning time routine, roles you play in your family, home safety hazards and solutions, or choke-tube tester.

Growing with Others, Child Development II:

Exhibit: Portfolio and three "things" completed in Growing with Others activities each year. Exhibit ideas include poster or display on self-care plan, age-appropriate toy chart, child development puzzle, family mobile, home alone game, family rules worksheet, street smart game, or home safety checklist.

Growing in Communities, Child Development III:

Exhibit: Portfolio and three "things" completed in Growing in Communities activities each year. Exhibit ideas include poster or display on child development observation record, evaluating television programs for youths, child development career watch game, accessibility checklist, block buster observation record, babysitting kit, playground safety plan, or playground first aid kit.

Management

Financial Champions:

Money FUNDamentals (Financial Champions I)

Exhibit: A Portfolio of two Financial Champions activities completed during the Money Fundamentals project

Money Moves:

Exhibit: A portfolio of two Financial Champions activities completed during the Money Moves project

Entrepreneurship: Be the "E" Series

Exhibit: One of the following each year:

1. Trade-show type booth of your product or service
2. Prototype of your product
3. Picture story of your entrepreneurship project
4. Completed business plan
5. Journal or portfolio of how your project evolved with the record of the process
6. Marketing portion of the Business Plan featuring the name of your business and examples of

marketing tools

Clothing

Clothing I, Under Construction

Exhibit: Display one of the following:

1. Poster or display on basic sewing kit tools with descriptions
2. A sewing machine with machine parts and purposes identified
3. Seam finishes with a comparison chart
4. A sewing project completed (e.g. pillowcase, totebag, nine-patch pillow, pajama pants, drawstring bag) in Under Construction

Clothing II, Fashion Forward

Exhibit: Display one of the following:

1. Poster or display on three methods of fabric construction
2. Steps in setting a product's price
3. A sewing project completed (e.g. jacket, dress, skirt, pants, pillow cover) in Fashion Forward
4. Natural fibers versus man-made fibers
5. Pressing equipment and uses

Clothing III, Refine Design

Exhibit: -Display one of the following:

poster or display on five specialized sewing tools and their use; three new laundry products and their use; comparison between purchased item and homemade item; patterns designed for two different figure types; or a sewing project completed (e.g. jacket, vest, wall hanging, windsock, bedspread, pillow) in Refine Design

Food Preparation

(All food books should have a 2 page score sheet enclosed. Please contact the E.O. if you need a score sheet, or download a score sheet at: www.wvu.edu/~exten/infores/pubs/4hpubs.htm)

Cooking 101:

First Year: Six oatmeal drop cookies and recipe card, or six frozen oatmeal drop cookies. Include index card with instructions for defrosting, if frozen. Label with name of product, quantity and date frozen, AND provide a poster which highlights your completed community service project for the year.

Second Year: Six oatmeal muffins (no muffin liners) and recipe card, or six frozen oatmeal muffins. Include index card with instructions for defrosting, if frozen. Label with name of product, quantity and date frozen, AND provide a poster which highlights your completed community service project for the year.

Third Year: Six cornbread squared and recipe card, or six frozen cornbread squares. Include index card with instructions for cooking or defrosting. Label with name of product, quantity and date frozen AND provide a poster which highlights your completed community service project for the year.

Six Easy Bites (Beginner):

First Year: Six drop, molded, or bar baked cookies and recipe card, or a package of six frozen cookies. Include index card with instructions.

Second Year: Six muffins of any kind (no muffin liners) and recipe card, or one package of frozen berries. Display in freezer bag or freezer container. Include index card with instructions for cooking or defrosting. Label with name of product, quantity and date frozen.

Tasty Tidbits: (Intermediate):

First Year: A square, oblong, or round layer of cake, without frosting and recipe card, or One (1) uncooked frozen mini-pizza using pita bread, English muffin, bagel, or already prepared crust (no larger than 7" in diameter) with toppings of your choice. Meat toppings such as hamburger, sausage, bacon, etc. need to be cooked. Display on covered cardboard inside freezer bag. Include index card with instructions for cooking. Label with name or product and date frozen.

Second Year: Six (6) no-yeast, any shape pretzels (shaped, stick, or nugget) or six no-yeast rolled

biscuits (no drop biscuits) and recipe card, or One (1) package of any frozen vegetable or combination vegetables. Display in freezer bag or freezer container. Include index card with instructions for cooking. Label with name of product, quantity, and date frozen.

You're the Chef (Intermediate):

First Year: Six (6) yeast bread sticks or yeast rolls (any shape, medium size—not a sweet roll) and recipe card, or One (1) container of freezer jam. Include index card with recipe and instructions for storing. Label with name or product, quantity, and date frozen.

Second Year: A yeast bread (can be loaf, braid, but not rolls) using a specialty grain such as whole wheat, rye, oat bran, etc. or a sweet bread such as tea ring and recipe card, or One (1) jar of a canned tomato product using the Hot Pack Method for a boiling water bath canner, such as tomato juice, catsup, barbecue sauce, or salsa. Include index card with recipe and instructions for cooking or using the product. Label with name of product, quantity, and date canned

Third Year: One (1) package of a non-perishable invented snack such as a granola bar, brownie, fudge, fruit leather, popcorn snack, trail mix, etc. Exhibit must include a separate folder containing a marketing plan with product name, recipe, how it will be packaged, a package design, where it will be sold, and suggested selling price. Label should include product name, date, quantity, and serving size, or One (1) jar of canned pickles or a canned pickled product. Include index card with recipe and storage instructions. Label with name of product, quantity, and date canned. Include index card with recipe and storage instructions.

Foodworks (Advanced):

First Year: A single or double crust baked fruit pie (no graham cracker crust). (Note: Custards, cream, cream cheese frosting and fillings, and raw egg white frosting are not acceptable in an exhibit because they are highly perishable when left at room temperature.), or One (1) jar of pressure canned vegetables, meat, or combination product, such as soup, stew, spaghetti sauce with meat, etc. Include index card with recipe and instructions for cooking or using the product. Label with name of product, quantity, and date canned.

Second Year: A nonperishable international food product (such as apple strudel, French bread, Mexican wedding cakes, fortune cookies, etc.) with a separate page describing the food customs of the country where the food comes from and how this product is used in relationship to that country's customs. (Note: Custards, cream, cream cheese frosting and fillings, and raw egg white frosting are not acceptable in an exhibit because they are highly perishable when left at room temperature.), or A table display on a country outlining food preferences, meal patterns, how nutritional needs are met, interesting customs, etc. Display should be no larger than 16" deep x 22" wide x 28" high, or One (1) package of a frozen entrée such as a casserole, hearty soup, or vegetable dish in a freezer container. Exhibit should include an index card with recipe and instructions for reheating. Containers should be labeled with name of product, quantity, and date frozen.

Third Year: A nonperishable food product for a special occasion or catered meal (such as an appetizer, holiday food, fruit cake, special occasion cake, altered recipe product, etc.) with a separate page utilizing how this product will be used at the event, or A table display for a special occasion or catered meal. The display should include a notebook outlining menu, supplies to buy, preparation schedule, equipment, table layout, etc. Display should be no larger than 16" deep x 22" wide x 29" high, or A jar or cooked jelly or a reduced sugar fruit spread. Include recipe card. Label with name of product, quantity, and date made.

Microwave Magic, Level A: Choose from the following exhibit ideas below:

Create a poster display of two (2) of the recipes that you completed this year in your Microwave Magic Project Book. The display should contain pictures of the finished items and the recipes in at least 2 stages in progress, along with a recipe card. Label with names of the recipes, a description of the items, and the dates completed.

Provide one recipe that you completed this year in your Microwave Magic Project Book displayed in a freezer container or freezer bag. Label with name of the recipe, a description of the item, date completed, and a recipe card.



Communication Arts & Science

Focus on Photography, Photography I

Exhibit: Two activities completed this year in Focus On Photography and your project book
Exhibit ideas include poster or display on basic camera parts and/or types, how a camera works, comparing film and digital cameras, ways to hold a camera steady, photos from My First Photo Shoot, photos showing effects of changing daylight, photos of shadow shapes, photos taken from a bird's eye view, or photos that tell a story.

Controlling the Image, Photography II

Exhibit: Two activities completed this year in Controlling the Image and your project book.
Exhibit ideas include poster or display on photos taken with different aperture settings, photos taken with different shutter speeds, photos of same subject showing different depth of field results, photos taken in low light, photos showing hard and soft light, silhouette photos, photos showing rule of thirds, photos showing different viewpoints of same subject, or close-up photos showing parts of the same subject.

Mastering Photography, Photography III

Exhibit: Two activities completed this year in Mastering Photography and your project book
Exhibit ideas include poster or display on photos using telephoto lenses, photos using wide-angle lenses, photos taken with different filters, photos of same subject (1 properly exposed, 1 overexposed, 1 underexposed), photos showing dramatic lighting, photos using natural light to create a specific mood, favorite reflection photos, photos showing use of leading lines, photos showing various geometric shapes (triangles, rectangles), photos that break rules of composition, photos highlighting warm or cool colors, or photos to market a product, event, or organization.

4-H News Reporter:

Exhibit: In notebook, write about any media visits; add examples of your news stories and published clippings.



Miscellaneous

This is 4-H - Select One:

This is 4-H:

1. One activity from Chapter 9 completed and exhibited with your book; add photos and other memorabilia to First Year Keepsakes at the end of your project book.

Philosophy and Traditions:

1. One activity from Chapter 10 completed and exhibited with your project book; create a 4-H photo collage.

Self-Determined:

Exhibit: Your project notebook and any pictures (captions, charts, samples you have made), or an educational exhibit. Nothing can be exhibited as a Self-Determined project that is representative of another project area unless you are building upon a completed series.

Citizenship I-VII (County Project):

Exhibit: Poster or educational display on any topic discussed in your project book.

Know Your State (County Project):

Exhibit: One of the following:

1. scrapbook containing photos, brochures, handouts, and information about WV

2. poster showing West Virginia's State flag, bird, animal, flower, tree, and a short explanation about the pictures

An extra 5 pts. Earned for displaying a WV road map.



Cloverbud Projects (County Projects):

No Activity Record Required

Cloverbud Bicycle:

Exhibit: Completed "Here I Am" mounted on construction paper or poster board.

Cloverbud Birds:

Exhibit: Make a simple bird feeder from one of the examples in your book.

Cloverbud Bugs:

Exhibit: Collect, mount and label five insects using the information in your project book.

Cloverbud Cat:

Exhibit: Complete "Meet my Cat" page in book and mount on construction paper or poster board.

Cloverbud Dog:

Exhibit: Completed "Meet my Dog" page in book and mount on construction paper or poster board.

Cloverbud Food:

Exhibit: Exhibit a poster with the food pyramid on it. Cut out pictures or draw some of the foods found in each of the five main food groups.

Cloverbud Pet:

Exhibit: Completed "Meet My Pet" page mounted on construction paper or poster board

Cloverbud This is 4-H:

Exhibit: Completed Look at Me page mounted on construction paper or poster board (picture should be from a 4-H event)





County 4-H Project Leaders

Are there any 4-H'ers who need help with their 4-H projects? Give our county 4-H Project Resource Leaders a call. They'll be glad to help!

Six Easy Bites and Cooking 101	Melinda Chambers	822-7453
Tasty Tidbits	Peggy Largent	822-5166
You're the Chef	Peggy Largent	822-5166
Food Works	Kathy Kuykendall	822-4670
Microwave Magic	Kathy Kuykendall	822-4670
Under Construction, Sewing I	Melinda Chambers	822-7453
Fashion Forward, Sewing II	Melinda Chambers	822-7453
Refine Design, Sewing III	Melinda Chambers	822-7453
Financial Champions Series	Karina Gray	822-7432
Exploring Your Environment Series	Marie Fields	822-3493
Reduce, Recycle, & Reuse	Susan Parker	822-3786
Horse Series	Contact the E.O.	822-5013
Swine Series	Cynthia Corbin	856-3066
Sheep Series	Melissa Alderman	492-5151
Beef Series	Teresa Thorne	496-9838
Goat Series	Debbie Champ	
Dairy Series	Contact the E.O.	822-5013
Poultry Series	Contact the E.O.	822-5013
Dogs	Katie Simmons	496-8385
Vet Science Series	Contact the E.O.	822-5013
Pets Series	Laura Brill	856-2728
Bicycle Adventures Series	Cynthia Corbin	856-3066
Rabbits Series	Christi Hicks	822-7970
Theatre Arts Adventures Series	Chris Baker	496-8288
Electric Excitement Series	Buck Tyree	822-4223
Small Engines Series	Tony Baker	496-8288
Tractor 1 & 2	Tony Baker	496-8288
Health Series	Michelle Corbin	822-7105
Plant Science Series: Meet the Plants, Indoor Gardening, Vegetable Gardening, and Landscape Gardening	Susan Parker	(304)813-1738
Flower Arranging	Dorothy Swisher	492-5111
Spring, Summer, & Fall Wildflowers Series	Dorothy Swisher	492-5111
Tree Identification	Dick Gray	822-7432
Entrepreneurship Series	Contact the E.O.	822-5013
Entomology	Dick Gray	822-7432
Birds	Dick Gray	822-7432
Fishing for Adventure Series	Laura Staley	496-8419

Exploring Series	Tamela Coyle	822-7465
Know Your State	Jennifer Swisher	492-5111
Child Care Series	Contact the E.O.	822-5013
Photography Series	Tamela Coyle	822-7465
News Reporter Project	Contact the E.O.	822-5013
This is 4-H	Gerald Mathias	822-5396
Self-Determined	Karina Gray	822-7432
Citizenship Series	Nancy Feller	492-5164
Cloverbud: This is 4-H, Bicycle, Birds, & Dogs	Leah Kidner	822-5013
Cloverbud: Food, Bugs, Cat, & Pets	Dee Dee Rinker	289-3488
Rockets Away Series	Cynthia Corbin	856-3066
Cat Series	Katie Simmons	496-8385
Activity Records	Bonnie Wilcox	822-4778
Teen Leadership Activities	Advisor: Jennifer Haines	856-3783
Outdoor Adventures	Sue Boyce	856-3061
Woodworking	Tony Baker	496-8288
Cooking 101	Melinda Chambers	822-7453



Programs and activities offered by the West Virginia University Extension Service are available to all persons without regard to race, color, sex, disability, religion, age, veteran status, political beliefs, sexual orientation, national origin, and marital or family status